

3358 5600

NFNC@communiy.org.au

communiy.org.au

Free lunches provided by our sponsors:



Enquire with staff about assistance with bills

For No Interest Loans - please enquire with centre staff



# What's On at NFNC 2026

Every weekday at 10:15am we offer casual Tennis games. Meet at the courts in New Farm Park.

**Mon**

**Tues**

**Wed**

**Thurs**

**Fri**

**Sat**

**Sun**

Community coffee available weekday mornings (not incl Wednesdays) - enquire about barista training

9:30-11:00am  
**Playgroup**

**Lawright**  
Please enquire with centre staff

4th Monday of the month  
9:15am  
**Book Club**

2nd Monday of the month  
**Podiatrist**

Fortnightly  
1:30-3:30pm  
**Schizophrenia Support Group**

4:45-5:45pm  
**Chair Yogis**

6:30-8:30pm  
**Narcotics Anonymous**

**Open House**  
9am-1pm

Visiting GP Walk-in appointments

**Food Parcels**  
Bring a bag by 10am, parcels ready from 11am

**Emergency relief**  
walk-in appointments

**Mindfulness Class**  
9.15am- 10.15am  
2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month

**Cove BBQ Lunch**  
2nd Tues of every month

**Jeays St Community Centre**  
12 Jeays St, Bowen Hills  
1:30-3:30pm  
**Free Art Class**

6:30-8:30pm  
**Gamblers Anonymous**

7.45am-8.45am  
and  
9.15am-10.15am  
**Chair Yogis**

9:30-11:30am  
**Intermediate English Class**  
Email: englishclasses@communiy.org.au

12-2pm  
**Beginner English Class**  
Email: englishclasses@communiy.org.au

3:30-5:30pm  
**Teens with Autism Social Club**

6-8pm  
**Narcotics Anonymous Rainbow Recovery**

**Open House**  
9am-1pm

Visiting GP Walk-in appointments

**Physio**  
Walk-in appts

**Art Class**  
9am-11am

**Emergency relief**  
walk-in appointments

**HART4000**  
housing assistance

**Tech Help**  
10am-1pm

**Valley Men's Group**  
(fortnightly)  
Contact Andrew on 0478 160 966

5.30-6.30pm  
**Yoga**  
\$10 / Concession \$5

6:30-9pm  
**Narcotics Anonymous**

6:30-7:30am  
**Narcotics Anonymous**

9am-12:30pm  
**Acupuncture**  
Please enquire with centre staff

12-2pm  
**Weaving Women**  
Please enquire with centre staff

**Jeays St Community Centre**  
12 Jeays St, Bowen Hills  
10am-12noon  
Fortnightly  
**Free Drop In Mental Health Clinic**

7-9pm  
**Narcotics Anonymous**

1st Sat of the month  
9-11am

**Saturdays @ NFNC - digital inclusion, German Language, employment support, Womxn 2 Womxn**

1st Sat of the month 2-4pm  
**Brisbane OCD Support Group**

6:30-9pm  
**Narcotics Anonymous**

We are a Coffee Pod Recycling Location and operate a Sustainable Garden and Community Library

8:30-9:30am  
**Yoga**  
\$10  
Concession \$5

11am-12:30pm  
**Al Anon Family Support**

4:30-6:30pm  
**Narcotics Anonymous**

6:30-8:30pm  
**AA Rainbow Recovery Group**

During Open House, we offer FREE community lunches - and our shower, laundry and computer facilities are available for you to use.

Book one of our community spaces for your group! Call 3510 2700 or email communityspaces@communiy.org.au

