

Everyone is welcome at our centre.

WHAT'S ON @ BARDON



Monday

Tuesday

Wednesday

Thursday

Friday

Emergency Relief enquiries and referral support, NILS (No Interest Loans) enquiries

9am-4pm Counselling

By appointment only, must be booked in advance. Call 3510 2747

11am - 1pm

Pantry: Emergency Relief, fresh food. BYO bag
Must have Healthcare OR Pension card
Geographical restrictions apply, please call 3510 2747 to enquire

3pm - 4.30pm Men's Group

Open to new participants
The Exchange, 81 Musk Ave, Kelvin Grove

5pm-8pm

Cook and Share
Free Cooking Class
Dux Gutz, Milton

Peer Led Workshops

Various topics from 10-11.30am. RSVP via phone and in person or email

Ubuntu Wellness Choir:

Run in term, 10 week blocks. \$150 for block, exception on request for those unable to pay.
Ithaca Hall: 10-12pm P: 35102747.

Brief Intervention

Support: By appointment. Need info/referral, advice, help with form filling, problem solving. Available 1-4pm

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Support: By appointment. Need info/referral, advice, help with form filling, problem solving.
Available from 1-4pm

12.30pm - 2:30pm

House of Soul – All abilities choir

\$100/term

Kurilpa Hall: 174
Boundary St. West End

Financial Counsellor

Fortnightly Thursdays from 9am-3:30pm
Available by appointment only - please call to book

Compass Crew Walking Group

10am-12pm: Walk and free coffee from central locations
Contact for more info.

10am-1pm

Open House

Toasties, chats, longlife
Emergency Relief.
Counselling, Thread Together, Hairdresser, Orange Sky Laundry fortnightly

1pm - 3pm

Art Space

Run by Art Facilitator
E: hub@community.org.au

1pm - 3pm

Music Group

Jamming - instruments supplied or BYO

Open to new participants

Kurilpa Hall: 174
Boundary St. West End

**Bardon
Neighbourhood Centre
180 Jubilee Terrace,
Bardon QLD 4065**

E hub@community.org.au
P 3510 2747

Unless otherwise specified, all activities are **FREE** to attend. For a full list of Community's activities, please visit community.org.au

Emergency Relief is offered over the phone by calling 3198 4410 Mon/Wed 11am-1pm and at Open House/Pantry sessions.

No Interest Loans available for surrounding suburbs. E: hub@community.org.au

The Bardon Neighbourhood Centre offers support for people living in North-West Brisbane who may be facing challenges or are needing social connection. We provide brief intervention and referral, emergency relief support, no interest loans and a number of community groups tailored for different interest areas. We can make appointments to support local community members with form filling and for information/referral support if required. We deliver a few larger events throughout the year, some of which allow people to access material goods that will support themselves and their family. We invite our community to join us – there's always something happening at our Neighbourhood Centre!