

community news and events

23 APRIL 2020

Read about what's happening at Communityfy.

Art therapy with rainbows

The stunning artwork below was created this month by Alan, a participant in our Tele-Art Therapy programs. The group were inspired by children in Italy who are painting rainbows and hanging them in their windows to show love and support for fellow community members in quarantine at home.



News from New Farm Neighbourhood Centre

New Farm Neighbourhood Centre's Connection and Care Program has been developed in response to our changing environment and the needs of our community due to the COVID 19 pandemic.

This program provides a local neighbourhood response, working to maintain connection with our local community members and regular visitors to the Centre.

Our team can provide support with regular phone calls and home delivered hampers to our most vulnerable community members. Info and how to support this work can be found on www.newfarmneighbourhood.org.

More than just a meal

Our Meals on Wheels program is continuing to deliver hearty, nutritious meals to local residents in inner North-West Brisbane.

Meals on Wheels is not only a nutritious meal delivered to your door, it's also a friendly chat and a check-in to make sure everything is OK.

To find out more, contact The Paddington Centre on 3368 3723 or visit communityfy.org.au/meals-on-wheels



Friday Fun-day

Our Friday Fun-day group usually meets up for a weekly bus trip outing, but we've had to adjust and go virtual! Earlier this month the group discussed things that are helping during this period of physical social isolation. Favourites were daily walks, crosswords and puzzles, writing letters to friends, video chats with loved ones, chatting with neighbours on the phone... and hat parties with their Friday Fun-day friends!



The group have decided to explore a different question each week. On this week they discussed 'what's your favourite sound?' It was a lovely opportunity to share experiences and reminisce. Some sounds included: children laughing, the ocean and nature sounds.



Set aside books to donate

If you happen to be tidying your bookshelves and find a few extra books that you don't want, put them aside for the moment and once social distancing has been relaxed our Free Range Library will sharing books with our local community.

Food donations

We're collecting non-perishable food to give to those in need in inner north-west Brisbane. Items like cereal, long-life milk, tea & coffee, rice, pasta, canned goods and lunchbox items are always appreciated.



Please call us on 3510 2700 to set up a time to drop food donations at our centre at 180 Jubilee Tce Bardon

