

community news and events

November 2020

Read about what's happening at Communityfy.

Paddington Centre

Congratulations to the Paddington Centre, national finalists in the Excellence in Age Services Awards for 2020. It is great to have our evening social support groups Paint and Sip and Culture Club recognised.

Our Culture Club regularly visits QPAC to watch some fantastic theater such as the as the Bolshoi Ballet, Mumma Mia and Muriel's Wedding. If your interested in joining one of our evening social support groups please email emilya@communityfy.org.au

Social support groups and the Paddington Centre group activities are all back to normal, under a COVID safe plan.



Queensland Mental Health Week

New Farm Neighbourhood Centre had an Incredible turn out on Friday 16 October, acknowledging and celebrating Queensland Mental Health Week. Brisbane Housing Company and Bric Housing residents, as well as friends of the New Farm Neighbourhood Centre, took time out to recognise mental health and enjoy an interactive, fun afternoon out.

At Bardon we also celebrated Mental Health Week with an arts table and lovely lunch where we took time out for ourselves.

The demands of modern-day living can be overwhelming, leaving many people feeling that they never get a moment to themselves. Queensland Mental Health Week - is very timely reminder to make time for yourself, consider your mental health & wellbeing, and check on your loved ones.



New program aimed at seniors for NFNC Coffee and Chat

If you are over 65 why not join us at the New Farm Neighbourhood Centre every Wednesday at 9.30am for a weekly Coffee and Chat group, with guest speakers/concerts and morning tea. No charge for morning tea. For more information email: victoriaj@communityfy.org.au



Pantry Update

Once a week, the staff and wonderful volunteers at Community's Bardon run Pantry, a food bank for local people in need. The Pantry is open Mondays only at 11am – Registration for fortnightly attendance required. Call 3198 4410



Partnership with Community Hubs

We are thrilled to announce a new partnership with Community Hubs Australia. This 3 year pilot program will create primary school located community hubs in Brisbane that will support Culturally and Linguistically Diverse (CALD) families.

Mandy Cox will be leading the Brisbane support coordination of the selected schools with the folks at Community Hub Australia who work closely with the Scanlon foundation to develop, fund and deliver the National Community Hubs Program. Congratulations Mandy!



Chatty Bench



Dealing with loneliness and social isolation at the Kelvin Grove Urban Village is the aim of a new community engagement initiative, Chatty Bench Project.

Chatty Bench tells the stories of over 16 KG residents. From the 13-year-old boy leaving Mongolia to move to Kelvin Grove with his family, to other stories that include themes of anxiety, domestic violence, and racism. These 16 stories give the community an rare insight into the lives of those living within the community that they might brush past on the way to uni or wait at the same bus stop. Learn more about the project [here](#)

<https://sites.google.com/urbaninformatics.net/c/hatty-bench-project/about-chatty-bench-project>



We offer a wide range of activities suitable for everyone. Check out our What's On for a full list: <https://community.org.au/#whats-on>

Feeling arty? Check out the list of activities available at Hands on Art <https://handsonart.org.au/#art-classes>