

# news and events

## community

04 July 2019

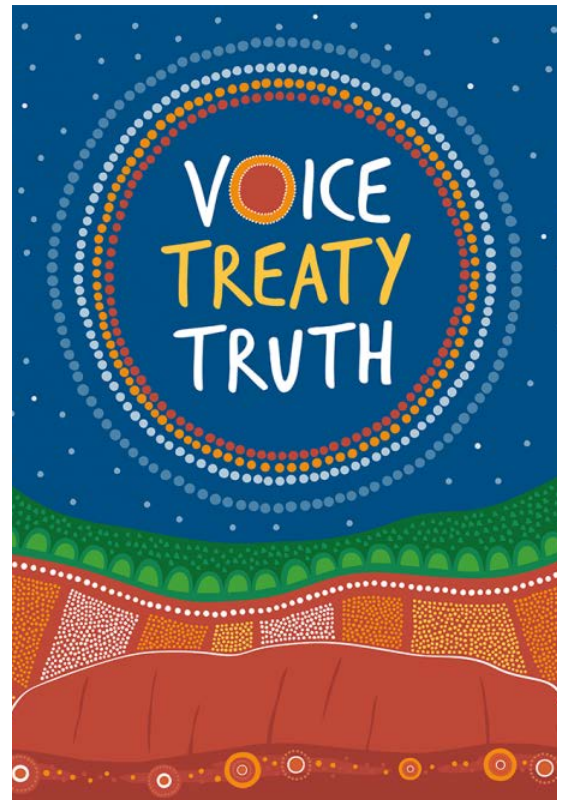
### NAIDOC WEEK

NAIDOC Week is next week from the 7th to 15th of July.

Each year, NAIDOC week brings light to a different theme and this year's theme is **Voice. Treaty. Truth.**

The history of Australia is a shared history, it is a part of us all and we need to own it so that we can move forward. Let's work together for a shared future. Communify will be flying the Aboriginal Flag and Torres Strait Islander Flag interchangeably to celebrate!

[Read More Here](#)



## MUSGRAVE PARK FAMILY FUN DAY CELEBRATES NAIDOC WEEK

Communify is attending the annual Musgrave Park Family Fun Day event on Friday July 12. This event is the largest of its kind in Australia and brings together Indigenous and non-Indigenous communities from near and far across Brisbane, Queensland and New South Wales.

It's a fantastic day out for the family with entertainment, rides, food and a huge Community Services Expo. Come and say hi and get a feed!

**Friday the 12th of July, 9:00am to 5:00pm**  
**Musgrave Park, West End**



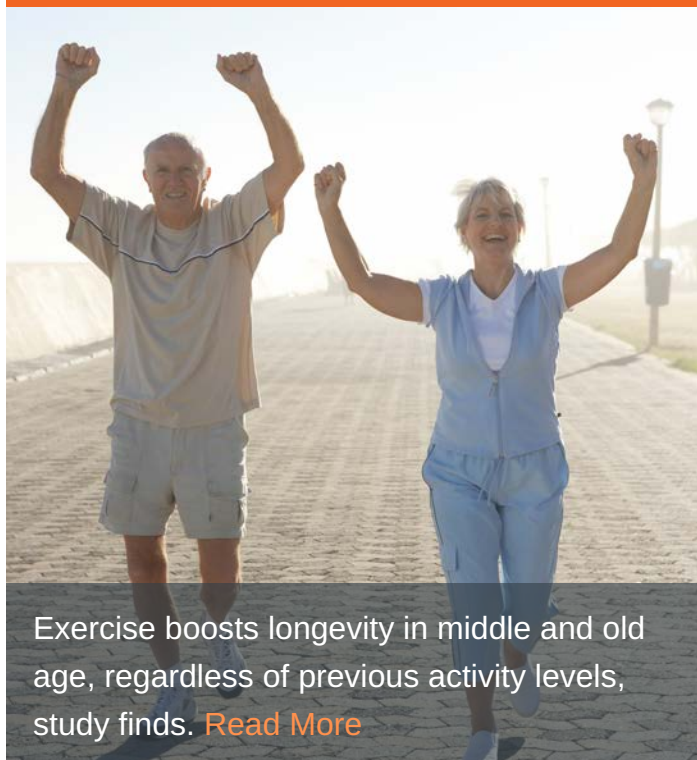
## LET GO LOVE YOURSELF

Thanks to a partnership with lululemon's 'Here to Be' program, the New Farm Neighbourhood Centre offered free yoga to the local community.

People who had never tried or thought to try yoga were encouraged to give it a go. Here's the story of the impact the yoga had on them, and the community. Click the photo below to watch the video.



**OLD DOGS CAN LEARN NEW TRICKS** (when we exercise!)



Exercise boosts longevity in middle and old age, regardless of previous activity levels, study finds. [Read More](#)

## KIDS DO ART SCHOOL HOLIDAYS

Kids Do Art will be on from 9:30am until 11:30am, **Monday to Saturday for both weeks** of the holidays. Come on down for some winter inspired craft and explosions of creativity.

For children aged 2 to 12  
At the Paddington Substation  
Cnr. of Enoggera and Latrobe Terrace  
\$10 per hour (booking not necessary)  
Call Kat on **3510 2751** to find out more



## SIP AND PAINT NIGHT

**Tuesday 23rd July, 5:00pm**  
**Paddington Day Respite Centre**

Join us for a night of fun and giggles. Our Hands on Art artist, Karen, will lead the class and teach you to paint on canvas. Take your painting home at the end!

**\$10 per person (for people 65+)**  
**Includes: dinner and a glass of wine**  
Call Emily on **3510 2752** to register your interest

## BRAND NEW LOOK

You may begin to notice that we're having a bit of a branding makeover on our website. Are you a fan of our new logo?

