## Everyone is welcome at our centre.

## WHAT'S ON @ BARDON

**Monday** 

Tuesday

Wednesday

**Thursday** 

**Friday** 

Emergency Relief enquiries and referral support, NILS (No Interest Loans) enquiries

11am - 1pm
Pantry: Emergency
Relief, fresh food
BYO bag

Must have Healthcare OR Pension card Geographical restrictions apply, please call 3510 2747 to enquire

**3pm - 4.30pm Men's Group**Open to new participants

The Exchange, 81 Musk Ave, Kelvin Grove 9am - 12pm fortnightly HART4000 Housing Worker

**Bookings required** 

9:30-11:30am during Feb Open House

Board games, morning tea, info/referral, Emergency Relief

9:30am-12pm from 5th March-6th April Ozharvest Cooking Class

**Bookings** essential

1pm - 3pm Music Session with Music Therapist

Offered Terms 1 and 2

E: participate@ communify.org.au P: 3510 2700 9:30am - 10:30am
Reinhabiting your
body - TraumaInformed Movement
Offered Terms 1 and
3. This is a closed 10week program
E: participate@
communify.org.au
P: 3510 2700

12.30pm - 2:30pm House of Soul – All abilities choir

\$100/term

Uniting Hall, 2131 Gympie Rd, Bald Hills 9am-12pm fortnightly Financial Counsellor

Please contact us to book your appointment

11am-1pm Open House

Toasties, chats, longlife
Emergency Relief.
Visiting services:
Thread Together,
Services Australia,
Hairdresser,
Community Health
Nurse, Optometrist.

1pm - 3pm Art Space Run by Art Facilitator 10am - 12pm Music Group - Love St. Band

Jamming - instruments supplied or BYO

Open to new participants

10 Love St, Spring Hill



Bardon Neighbourhood Centre 180 Jubilee Terrace, Bardon QLD 4065

E hub@communify.org.au P 3510 2747

Unless otherwise specified, all activities are **FREE** to attend. For a full list of Communify's activities, please visit communify.org.au

Emergency Relief is offered over the phone by calling 3198 4410 Mon-Thurs from 1.30-3.30pm, and at Open House/Pantry sessions.

No Interest Loans available at Communify. Please email <a href="mailto:nils@communify.org.au">nils@communify.org.au</a> for enquiries

The Bardon Neighbourhood Centre offers support for people living in North-West Brisbane who may be facing challenges or are needing social connection. We provide brief intervention and referral, emergency relief support, no interest loans and a number of community groups tailored for different interest areas. We can make appointments to support local community members with form filling and for information/referral support if required. We deliver a few larger events throughout the year, some of which allow people to access material goods that will support themselves and their family. We invite our community to join us – there's always something happening at our Neighbourhood Centre!