

New Farm Neighbourhood Centre

Connecting our community



Our Centre hosts a range of activities that are available 7 days a week.

■ 967 Brunswick Street, New Farm

Drop-in hours

Our Open House drop-in hours are:

Monday: 9am-1pm

Tuesday: 9am-1pm

Wednesday: Closed

Thursday: 9am-1pm

Friday: 9am-1pm

Sat/Sun: Closed



■ Welcome to New Farm Neighbourhood Centre

Since 1984, New Farm Neighbourhood Centre has provided connection and support for the local community. Located in Brunswick Street, opposite beautiful New Farm Park, we offer opportunities for people to come together around shared interests, and to meet and to connect with our community.

Our centre provides free help and connection with HART 4000 for housing support and emergency relief. If you are experiencing challenges in life around relationships, income, employment or your personal situation we can help with brief intervention, navigating services and financial inclusion programs. We also offer community engagement programs that can support participation and inclusion.

We encourage anyone to use our kitchen, laundry, shower and computer facilities, and we even have our own kitchen garden.

Everybody is welcome at our neighbourhood centre. The Centre is a shared space and we ask that visitors follow our guidelines of being inclusive and respectful. This ensures a safe and welcoming place for all who visit.

Feel free to drop-in to say hello.



■ Open House

Our Centre provides a variety of activities as well as support services in a safe space, open to everyone. Visit us during drop-in hours to find out about our facilities and services and see what activities we have happening.

- **Information & referral-** drop-in or call us to ask for information about local services and support or book an appointment for a chat about how we can help.
- **Shared meals-** free breakfast and lunch is available.
- **Food relief-** supported by Second Bite, food packages are prepared and available for pick up on Mondays.
- **Computers-** computers are free to use and you can use our phone.
- **Laundry & showers-** are available for anyone to use. Towels and toiletries are available.
- **Library-** please borrow or contribute books to our free book exchange. Accessible 24/7 at front of centre.
- **Financial Inclusion-** we offer emergency relief and a No Interest Loan Scheme.
- **Community coffee-** buy your morning Merlo coffee from our community cafe, and shout someone else who needs it.
- **GP-** Bulk Billed drop-in appointments with GP Nancy Sturman, Mondays and Thursdays.
- **Physiotherapist-** free drop-in sessions available Thursdays.
- **Free Haircuts available-** enquire at centre.
- **Forms Assistance available-** enquire at centre.
- **Tax Help available-** enquire at centre.



■ Community education, social activities & groups

Our Centre delivers a range of activities that are crucial for good physical and mental health. Ask one of our team if you're interested in any of the following:

- **Art classes-** free flowing creative group for all levels of artists. Supported by New Farm Rotary Club.
- **Tennis-** to book tennis courts call John on 0422 940 132 or for low income card holders enquire at the centre about free sessions.
- **Touch football-** friendly games are held in New Farm Park, followed by something to eat at our centre.
- **Yoga classes-** affordable yoga classes are held on most days of the week.
- **Politics in the Pub-** a quarterly event held at Brisbane Powerhouse.
- **Playgroup-** an inclusive group for kids to play and carers to make new friends.
- **Terrific Tuesday-** fortnightly bus trips around Brisbane and surrounds.
- **Self-help groups-** Narcotics Anonymous, Gamblers Anonymous, Sexaholics Anonymous, Al Anon, Obsessive Compulsive Disorder Support.
- **English language class-** available to all levels of learning, hosted by skilled volunteers on Wednesdays.
- **Mens Group-** promotes conversation, inclusion and personal development.
- **Meditation-** free classes Tuesday evenings.
- **Weaving Women-** Tuesday mornings.
- **Over 65's Social Groups-** Wednesday mornings.



■ Sustainability

We are committed to sustainable practice through our involvement in the:

- **Kitchen garden** – an edible garden is being established at the Centre, growing food for use in our kitchens and supporting local people with fresh produce.
- **Composting hub** – in collaboration with the Brisbane City Council, who host a composting hub in New Farm Park. Speak with one of our team members if you are interested.

■ Visiting Services

The Centre is supported by a number of visiting services:

- **Thread Together**
- **HART4000**
- **QSTARS**
- **Law Right**

■ Community spaces

Our spaces are available for hire. Information about rates, including special rates for community groups, are available by contacting Pamb@communify.org.au.

See our latest *'What's On'* timetable for a list of the activities available.



Communify's Programs

Communify has a broad range of services and programs that offer support and assistance to our community.

New Farm Neighbourhood Centre provides a gateway to this suite of services. These services include:

- Housing & homelessness - HART 4000
- Tenancy sustainment - Sustaining Tennancies
- Aged services - Paddington Centre
- Childcare
- Mental health programs - Recovery & Discovery Centre, Way Back Support Service
- Family support programs - Intensive Family Support
- Multicultural programs
- Alcohol & other drug programs - Springboard

■ Your contribution

■ **Volunteers** make a huge contribution to the Centre. We welcome volunteers to get involved in our language exchange, community transport, running groups and activities as well as helping with our open house program. Call Mish on 07 3510 2750.

■ **The Patrons of New Farm** are a local group of people and businesses who are committed to financially supporting our local community centre. Join the Patron family, email Kpattemore@gmail.com.

■ **Donations** can be made in person or through our website. We also welcome donations of good quality books for our library. While we're grateful for the offer, please understand that we can't accept donations of clothing, furniture or household goods. You can donate online visit www.communify.org.au

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**[community.org.au/
new-farm-neighbourhood-centre](http://community.org.au/new-farm-neighbourhood-centre)**

 @newfarmneighbourhoodcentre
 @new_farm_neighbourhood_centre

Community pays its respects to the traditional custodians across the lands in which we work, and we acknowledge the elders past, present and emerging.

