

Who is Act for Kids?

Act for Kids is a for-purpose organisation that delivers evidence-based professional therapy and support services to children and families.

We offer families the support they need to raise happy, healthy kids and enjoy positive family relationships.

Who is Communify?

Communify Qld offers a range of services that enable us to reach out, advocate, connect and inform. We work with a multitude of people in a range of programs to promote a diverse, socially just and inclusive community.

A number of our programs enable us to work directly with families and young children.

We work to:

- ♥ keep kids safe by providing information, support and therapy to help parents/ caregivers.
- ♥ help families develop new ways to cope in times of stress.
- ♥ support the emotional and developmental needs of children and young people so they can reach their full potential.

How to reach Act for Kids Intensive Family Support (IFS)

If you have any questions or would like to access our free service, please call us directly to discuss eligibility or make an appointment. You can also complete the online referral form available at:

qld-families-referrals.infoxchangeapps.net.au

This referral form will be forwarded directly to us and we will contact you.

ACT FOR KIDS - BRISBANE NORTH

100 Sixth Avenue
Kedron QLD 4031

Phone: 07 3084 6600

COMMUNIFY - BRISBANE NORTH

10 Love Street
Spring Hill QLD 4005

Phone: 07 3308 4577



 Act for kids

Phone **1300 228 000**

Learn more at actforkids.com.au



Intensive Family Support Program

Intensive Family Support is a tailored program, delivered in partnership with Communify, to assist families experiencing challenges in raising and nurturing their children. Every person we work with can expect support plans to help them reach their own goals.

 Act for kids

What is the Intensive Family Support Program?

The Act for Kids Intensive Family Support (IFS) program is a free service, provided in partnership with Community, that helps families under pressure. Raising kids can be really hard; all families go through times of stress and may need a little extra help to work through challenges.

Our Intensive Family Support services are tailored for families that have multiple and complex needs.

We can help with:

- ♥ addressing issues such as domestic violence, mental health and substance abuse.
- ♥ developing stronger life skills such as setting routines, budgeting and managing the household.
- ♥ parenting support and strategies to build positive family relationships.
- ♥ managing stress to cope with daily pressures.
- ♥ providing child health and wellbeing resources.
- ♥ linking into services that support your child's development.
- ♥ connecting you with local services, playgroups and other social networks.
- ♥ supporting families with their cultural needs.
- ♥ anything else that worries you.

It's a voluntary program. If you choose to work with us, you might find ways to strengthen and enjoy your family more.

How does IFS work?

We understand what it's like for families under pressure and we're here to support parents and listen to their worries.

The program helps strengthen your family by providing practical support and linking your whole family with the right services at the right time.

The Intensive Family Support team works with families to understand their goals and see how we can help. We are able to help all kinds of families from all kinds of cultures, with many different needs.

We meet with families most often in their own home, or other safe places relevant to family needs and circumstances.

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Our unique multi-disciplinary teams include family support practitioners and other specialists who provide expert help and advice.

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Who can access Intensive Family Support?

Our Intensive Family Support service is designed for parents/caregivers, and their children, to help them overcome their experiences and challenges.

If you are a service provider interested in referring a family, you'll find our referral form at:

qld-families-referrals.infoxchangeapps.net.au

Your rights & responsibilities

Under the *Privacy Act 1988* and the *Australian Privacy Principles (APP)* you have the right to access your personal information.

The information cannot be removed or copied. The records are the property of Act for Kids, and this protects and ensures your privacy and security.

Your discussions with our team are confidential and remain private unless there are concerns about the safety of yourself or others.